John Ridley IV is best known as an American screenwriter, television director, novelist, and creator screenwriter of the movie, “12 Years A Slave,” for which he won an Academy Award for Best Adapted Screenplay.

Locally, Ridley and his sister, Lisa Caesar, are also known as the innovative founders of an innovative, artsy space called Nō Studios. And, while they have the same parents and were raised within the same family, Caesar admits that they couldn’t be more different. Apparently those differences helped create a synergy that works well for them with their successful Nō Studios ventures.

“John loves the creative space. It’s a space where he has worked in for more than 40 years and he has excelled there. “I’m the one that looks at the numbers and the bottom line, so I take care of the financial piece. It’s a functional relationship and works well for us,” said Caesar. “Nō” is a traditional Japanese performance art combining chant, music, dance, acting, as well as masks and costumes. “It’s a fitting name for Nō Studios because that is exactly what happens at the Cream City brick building located at 1037 W. McKinley Ave. “It’s a creative place that offers co-working spaces, a café, performance stage, production studio, and a host of meeting spaces and opportunities for members and visitors.

“We’re from this area and we wanted to establish something in Milwaukee similar to SoHo houses. We used his celebrity as the foundation for this idea and that’s how it started,” said Caesar. “No slouch in her own right, Caesar earned a master’s degree in Business from Harvard University and spent more than 30 years growing up in Milwaukee. “After winning an Oscar in 2013 which elevated him, John and I discussed the best way to capitalize on his notoriety. “We used his celebrity as the foundation for this idea and that’s how it started,” said Caesar. 

The “Exception Clause,” also known as the “Punishment Clause,” made it possible for slavery to be used as a method of punishment, allowing the government to legally subject incarcerated people, across the United States, into forced labor. In ARTICLE I., the DECLARATION OF RIGHTS, in the section after a provision on equality and “inherent rights,” is the second issue that was passed. The “Exception Clause,” also known as the “Punishment Clause,” made it possible for slavery to be used as a method of punishment, allowing the government to legally subject incarcerated people, across the United States, into forced labor.
**Inventive Handcrafted Egg Rolls Coming to Crossroads Collective Food Hall**

Things are heating up at Crossroads Collective with the announcement of a new vendor, Ready To Roll, a mother-daughter partnership specializing in handcrafted artisan egg rolls opening at the East Side Food Hall on November 10th. The founders, Shatoia and Sandra Robinson, describe their business as a culinary cologne that brings people together with delicious, inventive egg rolls featuring unexpected flavors, as well as vegan and vegetarian options. Shatoia comes to Crossroads Collective with experience as a food truck owner in Chicago. “Her background in effective communication and storytelling meets my deep understanding of the city’s diverse food scene,” explains Shatoia. “The perfect fusion of our strengths, allowing us to craft exceptional egg rolls while sharing stories that resonate with our community. Working together isn’t just a partnership; it’s a celebration of the diverse skills and experiences we bring to Ready To Roll.”

“We are thrilled to welcome Ready To Roll to our community at Crossroads,” commented Emily Chirillo, Hospitality Director at New Land Enterprises, the owner and operator of the food hall. “The vibrant atmosphere of Crossroads Collective aligns perfectly with our vision of creating a dynamic culinary hub,” the mother-daughter duo explain as they describe their location. “The East Side, with its eclectic spirit and diverse community, provides an ideal backdrop for Ready To Roll.”

“It’s not just about having a space; it’s about having a part of the fabric of our neighborhood.”

The egg rolls are unlike anything I’ve experienced before, with flavors and ingredients that venture beyond the expectations of a typical egg roll. It’s a great union of tradition and innovation.”

The event is free and open to the public.

**Caregiving 101 (Part II): Active Anti-Aging and Cognitive Stimulation**

With November being National Family Caregivers Month and National Alzheimer’s Disease Awareness Month, the Alzheimer’s Association will present a day of caring designed for the caregiver.

The event will be held Saturday, November 11, at St. Matthias C.M.E. Church, 7500 N. 76th Street, from 10:00 a.m. to 3:00 p.m.

The event is free and open to the public.

Caregivers will hear inspirational words from Dr. Bashir Easter, who will share insights on caregiving from a male perspective, the importance of an early diagnosis, and how youth are the invisible caregivers.

Shantell Riley, BSN, RN will focus on the importance of self-care from the perspective of a caregiver and a health professional who recognizes the signs of caregiver stress.

Attendees will learn how caregiver stress can exacerbate acute conditions and lead to the development of chronic conditions. The day will also include chair yoga and massage, low impact Zumba, vision board activities, as well as a complimentary continental breakfast, hot lunch, snacks and door prizes. Care and support resources will also be shared by the Alzheimer’s Association and other local community partners.

Complimentary onsite respite will be available for caregivers who would like to attend but must bring their loved one with them to be available by contacting Diane Minner at 414.441.0434 or dminner@atc.org. Registration is requested. Call the Alzheimer’s Association 247 Helpline at 1-800-272-3900 or online at https://bit.ly/2ZI7Vk.
President Biden's menthol cigarette ban is bad policy that could boost illicit markets & result in over-policing.

TELL THE PRESIDENT TO STOP THE MENTHOL BAN
Abolish Slavery in Wisconsin!

Abolish Slavery in Wisconsin!

(continued from front page)

In Wisconsin, African American families in the 18th, 19th, and 20th centuries faced systemic racism, poverty, and violence. This has led to the development of a culture of poverty, which is characterized by hopelessness, hopelessness, and a lack of opportunities for social mobility. This culture is passed down from generation to generation, perpetuating the cycle of poverty and disadvantage.

In Wisconsin, the culture of poverty is evident in many ways. For example, the state has a much lesser degree of educational attainment than the national average. The state also has a much greater concentration of poverty than the national average, with a higher percentage of households living below the poverty line. Additionally, the state has a much higher rate of incarceration than the national average, with a higher percentage of African Americans being incarcerated than any other group.

Slavery in Wisconsin!

Slavery in Wisconsin!

The state of relationships in marriage in the ‘Culture of Poverty’

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These were among the most frequently expressed commentaries offered during my research on this topic. In the past, such discussions have been dominated by the people who were able to attend such gatherings. However, I believe that it is important to consider the perspectives of those who are currently affected by the culture of poverty. This is particularly relevant in the context of marriage, as it is a social institution that is often central to the lives of people in the culture of poverty.

March 18, 2023

Milwaukee Journal Sentinel

The culture of poverty is a term used in sociology to describe a group of characteristics that tend to be found in areas with high levels of poverty. These characteristics include a lack of education, poor health, and a lack of opportunities for social mobility. In Wisconsin, the culture of poverty is evident in many ways. For example, the state has a much lesser degree of educational attainment than the national average. The state also has a much greater concentration of poverty than the national average, with a higher percentage of households living below the poverty line. Additionally, the state has a much higher rate of incarceration than the national average, with a higher percentage of African Americans being incarcerated than any other group.

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Conflagration!
Immediate Cease-Fire!

During the late 1970's, I went to work for the Carter Administration in the press office of Health and Human Services Secretary Joseph Califano. While our agency was focused primarily on domestic issues, one of President Carter's all-consum ing foreign policy issues was the Middle East. We were then engaged in a large-scale effort to resolve the conflict between Israel and the Palestinians. The world was given an example of how seemingly unbridgeable national interests could be harmonized in the pursuit of greater good.

Today, some 45 years later, the Middle East is once again mired in deadly conflict with casualties mounting for both Israelis and Palestinians. Over 200 hostages are being held in captivity.

As of this writing, over 1,500 Israelis and at least 8,000 Palestinians have lost their lives. The number of wounded on both sides is much higher. The world has been in a state of shock.

The humanitarian crisis in Gaza has already reached nearfamine proportions with shortages of food, clean drinking water, medical supplies and fuel that have forced hospitals to operate reaching dangerously low levels. Children are suffering and dying! Prime Minister Benjamin Netanyahu knows that this will be a prolonged struggle, hopefully, he will be proven wrong. The sooner this war is ended, the better for all concerned. This includes Israelis.

The United Nations has already come to discourage further carnage. We have not effectively used our resources as bargaining chips to secure a reachable state solution, with two sovereign powers, ruled by government authorities recognized by the United Nations and the world community.

To be an honest broker in this latest conflict, the U.S. must demonstrate the people-to-people relations that it wants for both sides. If it will support a foreign aid, Israel has carte blanche ability to encroach and occupy without restraint, Arafat's remonstration will politely be ignored and the countries will be left to exploit each other's consumer.

The way that the Holy Spirit will move the people of the world to peace and cooperation is only limited by the power of our human brothers who are elucidating to our world the power of community. We must encourage, celebrate and honor the efforts of the people impacted by events so that it remains a tradition. The Milwaukee Community Journal recognizes that power of community.

If you have read this article, please join a world-wide movement calling for an immediate ceasefire between Israel and her Arab neighbors. rice our Lord's exhortation: God's work on this earth must truly be our own. —Michael A. Grant, J.D. is former president of the National Journalists Association.
SAVE THE DATE!

Thursday
November 16, 2023
9:00 am - 11:00 am

LIVE broadcast of Community Voice hosted by Keith Parris

Bader Philanthropies, Inc.
3300 N. Dr. M.L.K. Jr. Drive
Milwaukee, WI 53212

Light breakfast will be served. Doors open at 8:00 am.

RSVP REQUIRED
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WNOV

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Learn how you can be included in shaping the future of health care for you, your family, your community, and generations to come by joining us for an All of Us Research Program panel discussion and enrollment opportunity. Start the process at JoinAllofUs.org and click Sign Up Today.
**Artificial Intelligence**

- **Pick n' Save**
  - Fresh 90%, Lean Ground Sirloin, $4.99/lb
  - Jumbo Brussel Sprouts, $3.99
  - Whole Tomato Pork Tenderloin, $2.99/lb

- **Weekly Digital Deals**
  - 99¢/lb with code
  - Large Galia, Fuji, or Opal Apples
  - $3.99/lb with code

- **Digital Tags**
  - Scan to download deals
  - Up to 5 times in one transaction

- **Final Cost**
  - Buy 4 Fritos Lay's Potato Chips, $1.99/ea
  - Tostitos, 2/$1 with code

- **Fuel Points**
  - Earn 4X with digital coupon

- **Sale Dates**
  - November 8 through
  - November 14, 2023

- **Selection May Vary by Store, Limited Stock on Hand**