Biden/Harris Ticket Made Official in MKE

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COMMUNITY JO





Marny Donaldson-Gamble (pictured above, far left), principal of Robert M. LaFollette School, and state Sen. Lena Taylor (far right) listen as community activist Tracey Dent shows off the impressive amount of school supplies for LaFollette students during a recent news conference announcing the Sleep Over for Education school supply drive, which took place during the recently com-

pleted Bronzeville Week, between August 3 to 8. Dent was the coordinator of the effort collecting the supplies. Pictured at right: Sen. King Bussie as he un-

loads containers filled with various school supplies that were collected. All supplies collected during the sleep over—and at City Hall will be distributed to all Milwaukee public school students. The sleepover event ensures that students have the supplis necessary to be fully prepared for school.

-Photo by Pat A. Robiinson





tial candidate—Kamala Harris.

GWEN MOORE Is Focused On The Future!

By Tanya Christian

One week before the Wisconsin state primaries, Gwen Moore wasn't concerned about defending her congressional seat—the longtime legislator ran unopposed. But the mother of three was hard at work attempting to navigate the unprecedented territory of supporting a political campaign amid the backdrop of an unpredictable pandemic.

"I'm planning a Zoom meeting for a week from now, a Zoom night meeting," Moore candidly shares. "Trying to plan that now, a watch party for my son, who's running for state representative."

Moore's dedication to her community has clearly rubbed off. And it's also served her well during her decades-long political career. At 69, the proud member of the "Baby Boomer cohort" may need a little assistance maneu-

vering six meetings a day via Zoom and Webex (who doesn't?), but when it "As a Black comes to drafting policies that speak to woman in the Wisconsin's 4th Congressional District, she is solid as a rock. Come November, the eight-term incumbent is **Congress, I am** expected to be easily reelected to represent the district that Hillary Clinton swept in 2016.

Despite having favor among the residents of Milwaukee and its surrounding areas. The Milwaukee native said shot for not only she's not in Congress to rest on her laurels. "As a Black woman in the United States Congress, I am very, very com- for all people of mitted to getting a fair shot for not only Black people, but for all people of color, and for all people," Moore people..." shares. "I really have (an understanding) of the struggles of being a single

—Cong. Gwen Moore parent, of not having health care, having the lights turned off, the gas turned off. And no matter how high a status I've achieved in politics, I've never for-

gotten where I came from." Moore has achieved quite a bit, especially during her latest term. After 14 years in Congress, the first African American woman in Wisconsin history to serve in the U.S. House of Representatives made her debut on the Committee on Ways and Means. "I'm almost like a newborn baby on this committee," Moore jokingly states.

(continued on page 2

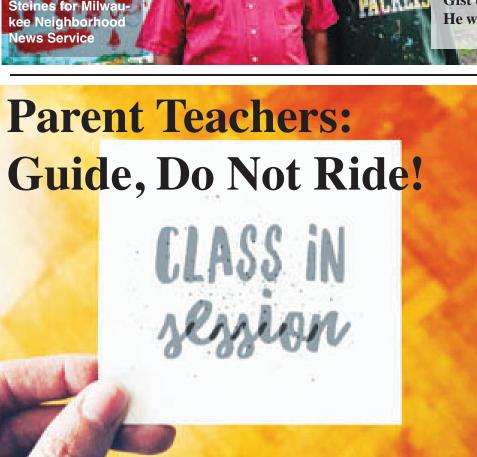


Legendary community

George Gist, a world renowned portrait artist, muralist, and musician whose murals of Black Milwaukee heroes and sheroes gracing many building exteriors and interiors around the city's Black community, died recently in a Pittsburgh hospital. He was 69.

Known for incorporating African and African American culture and history in his work, Gist created over 300 murals during his lifetime, including a mural with more than 18 panels inside the Wisconsin Black Historical Society. Gist created 20 murals in Milwaukee.

He was in the city on two seperate occasions several years (continued on page 3)



Going into this school year, staying ahead of the game will be critical. As a parent or a teacher, preparation will be key.

Communication will be imperative. Parents should virtually meet with teachers on a regular basis. This constant communication will make a great impact on the year.

This year is going to have to be a team effort. When you communicate with your child's teacher or teachers, it allows you to stay in the loop of knowing what's going on and how well your child is learn-

While virtual teaching will be brand new for many teachers, communication of

upcoming events could help both parties

mutually. These preventative measures alone can go a long way.

Getting a weekly report of how well your child's doing could help you and the teacher find issues in the child's learning

In this case, it could help prevent your child from falling behind. Being able to identify weaknesses can help ensure that kids are staying on task. In contrast, being aware of your child's high talents can prevent boredom during school.

Virtual learning is far from new, as a whole. People have been learning virtually and have been homeschooled for

decades. This lets us know that if it's done properly, it will be very effective. Of course this style of learning may be a bit uncomfortable right now, but as the year pro-

gresses things will get easier. All in all,

have fun with it.

Don't attempt to mimic the school building feel. Instead, allow a more relaxed feel with an extremely productive day. Allow this time to be a lesson of responsibility. Switch up the scenery sometimes. Let your child feel free.

United States

committed to

Black people, but

color, and for all

very, very

After all, that's what life is all about. It seems life and the way you know it has switched up quite a bit and you're going to need to focus on more than just a Chromebook to get things right.

Focus on a peaceful mental space, practice patience, find others to connect with when in need. Allow some flexibility so your household isn't uptight. Stick to your schedule. Check in with your child and their emotions. Hear them out. We have no choice but to move forward. So we will. -Article by LaShawnda S. Wilkins (@speaklifeshawnie)

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Moore Is Focused On Future!



J.S. Congresswoman Gwen Moore poses with her three children, one of which, Supreme Moore Omokunde (behind Moore) is a candidae for Wisconsin state representative.

-Photo courtesy of Gwen Moore For Congress

live up to that creed."



Moore takes a selfie with a constituent at the Ascension Lutheran Church in Milwaukee.

-Photo courtesy of Gwen Moore For Congress

(continued from front page

The Congresswoman of 15 years admits she spent most of her time on Capitol Hill working to occupy a seat on the committee because she understands what her presence could mean for some of the country's most vulnerable people.

Decisions regarding Social Secu-

rity, Medicare, welfare reform, foster care and the Earned Income Tax Credit, among others, fall under the jurisdiction of Ways and Means. This is the work Moore says she was sent

"I was on welfare myself and the system does not do a thing to help lift you out of poverty at that point. And by God," Moore continues, "if we say we're going to help lift people out of poverty, I think we ought to

Against the backdrop of COVID-19, that mission presents a momentous challenge. According to the most recent Employment Situation Summary from the U.S. Bureau of Labor Statistics, the economy has made gains since the early months of March and April, but 9.2 million people remain unemployed at a time when unemployment benefits are left hanging in limbo. This time has been daunting for everyday Americans and politicians alike. But Moore says it has also "stoked my zeal and energy" to create more equity. "I just don't think we can go back to the day before the pandemic struck, in terms of people making \$7.25 an hour and trying to live off that, both eat and have a place to live," she contends. "I mean, we always knew that was a problem."

The co-chair for the 2020 Democratic National Convention, originally scheduled for Milwaukee, says

going back is simply not an option. Whether or not former Vice President Joe Biden and running mate Kamala Harris enter the White House on January 20, 2021, Moore is planning to do everything in her power to move the needle on national poverty. It's why she's both passionate and excited about one proposal in particular: an expansion on the Earned Income Tax Credit. Moore explains that her expansion would take into consideration the 140,000,000 people that the Poor People's Campaign under Rev. William Barber and Rev. Liz Theoharis focuses on. "The people with low wealth," Moore further iterates. It would also provide funding to those who can't find affordable housing and adequate food on their

Moore describes the proposal as a "modernized" approach to the Earned Income Tax Credit. It would recognize workers, including those underpaid in the health care workforce, as well as financially assist elders and students.

Under her plan, a couple would get up to \$8,000 a year, and a single person up to \$4,000 a year. For children who take care of their aging parents, they could earn \$4,000 for their ef-

"It's not much," Moore confesses, "but I think that we need to [take this action] because this is a workforce that we're relying on for the future."

Though she's one of the more senior members of Congress (currently ranked between 99 and 100 depending on who you ask), Moore is keenly focused on who and what's forthcoming. Whether it's assisting students out of debt to help contribute to their upward mobility or supporting the efforts of junior representatives who have been a lightning rod for change, Moore's motto is "We can't go back."

"I tell you, I'm really proud of the young people that we brought into Congress," Moore says. "They're feisty. They're feisty and they're smart. It feels really delicious to me, especially the young Black people who have come into our caucus. It's what democracy looks like."

Moore was around to experience the 1968 civil rights marches in Milwaukee and watched as they petered out in the aftermath of Martin Luther King, Jr.'s death. "I am so happy that this multicultural, multigenerational movement is afoot," Moore excitedly reveals, "and it's intersectional with equity, with climate justice and environmental justice, with health care for all, for providing just a fair shot for everybody. That is really everything that I have ever wanted in a public career."

In the lawmaker's tenure as a public servant, she's learned to trust the process, all parts of it, in order to get the work of the people done. And she's also come to the conclusion that the "show horses" around Congress aren't always the ones who accomplish the most. "If you want to be effective, you can't insist on your name being on the front page of every bill You just have to kind of get in where you can fit in," the former Democratic vice-chair for the Congressional Women's Caucus asserts. Six years ago, Moore put a bill on the House Floor that would require deescalation training for police officers She confesses that it didn't go very far, but she kept introducing it and collecting cosponsors. "All of a sudden, we have our Justice in Policing Act," the pro-police accountability representative proudly states, "and that provision is blowing up to be possibly one of the sort of consensuses in the bill."

Moore credits it as a testament to her dedication, a notch to the stewardship she brings to the role she was elected to do. The year 2020 may have forever changed the world we live in, but the mom and grandmother doesn't seem to mind. Holding fast to the "We can't go back" affirmation her son imparted to her in the days after 9/11, she's looking ahead to the future and excited for what it will bring. She's likely praying it includes a House seat for herself and a state representative seat for her son: Supreme Moore Omokunde won the Democratic primary for Wisconsin's 17th Assembly District Now Moore will have two Zoom watch parties to plan this Novem-

> -Article courtesy of Essence.com

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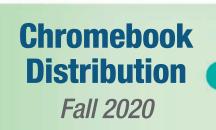




institution or finance company. The vehicle must be used as collateral. Offer valid for a limited time and subject to change. Only one transfer per vehicle. Some restrictions may apply.

for keeping gatherings small.

We're All In is an initiative based on the idea that to move forward, we need to have each other's backs. Adjusting our behavior is the surest way to slow the spread of COVID-19 and the smartest way to improve our economy. Discover more things vou can do at WeAreAllInWI.com.





Make sure your child is #MPSReady for online learning!

Come to MPS curbside Chromebook distribution.

- NEW! MPS students
- 6th Grade
- Kindergarten
- 9th Grade

GET YOUR CHILD'S Chromebook

Chromebook Distribution Dates *Early Start* Calendar: August 3 – 7, 2020 *Traditional* Calendar: August 24 – 28, 2020

School staff will be on site to make sure your child receives their Chromebook. Get guidance for how to engage in online learning for Fall 2020.



Contact your MPS school to arrange pickup at the school. For more information, call **(414) 267-5100** or visit **mpsmke.com**.

RETURN A Chromebook

Return Chromebook Dates Early Start Calendar: July 30 – 31, 2020 *Traditional* Calendar: August 13 – 14, 2020

Chromebooks must be returned to the school that issued the device. Only students who will not return to their school in fall need to return their Chromebooks.

SCHOOL STARTS SOON!

Early Start Calendar

Traditional Calendar

Monday, August 17, 2020

Tuesday, September 1, 2020



Scale Up Milwaukee launching 4th cohort of SPARC business accelerator program

Applications now available through end of August

Scale Up Milwaukee is launching its fourth SPARC cohort with applications being accepted through the end of August for the business accelerator program focused on Black-, Latinx-, and woman-owned businesses.

Programming will be held in a virtual setting and is open to minority- and woman-owned companies with annual revenue of between \$100K and \$1 million. Applications for the program can be found at https://www.surveymonkey.com/r/20SPARC.

There will be 10 weekly classes from September through November, providing one-on-one access with program instructors and experts, with more than 30 hours of instruction. Businesses outside of the greater Milwaukee area are welcome to apply.

There's no doubt that thriving businesses can have an extraordinary impact on a community, however, it's only when Black and Latinx businesses are succeeding that we can expect our communities to reach their fullest potential," said Elmer Moore, executive director of Scale Up Milwaukee.

Curriculum will focus on how businesses can pivot operations to a digital presence, remote work, crisis recovery and planning, cash flow, and use of government funding from programs like the Paycheck Protection Program.

The SPARC has 66 alumni businesses that averaged a 57 percent increase in revenue last year. JP Morgan Chase provided funding support to launch the SPARC program in 2017.

"SPARC has enabled me to consider my business from more diverse angles, which helped me to adapt quickly during the COVOID 19 pandemic," said Melanie Manuel, owner of Celesta Restaurant and graduate of the SPARC 3 cohort. "SPARC also empowered me to feel more confident about my finances, to manage my staff and provide leadership during this challenging time, and to communicate with my customers via my marketing strategy so they knew they would be in good hands doing business with us."

Legendary Black muralist George Gist passes

■ (continued from front page)

ago: to restore and add to the House of Peace murals, and to create a new mural on the long exterior wall of the Wisconsin Black Historical Society at 2620 W. Center St.

Gists artwork has been displayed in all but four or five states throughout the country.

Gist began developing his artistic skills when he was 6-yearsold after the death of his mother. He turned to art as his outlet, explaining during an interview that if art were a drug he would have overdosed a long time ago.

"Art is kind of like eating ice cream," Gist once said. "The more you have, the more you want it."

Gist was born June 15, 1951 in Detroit. Though he spent much of his life in Pittsburg, Gist moved to Milwaukee in 1985, living in the Sherman Park Neighborhood, before settling permanetly in Pittsburg's predominately Black Hill District in 1995. He reportedly still has family in the Milwaukee area.

In 1990, he and 20 14-year-old youth created a mural commissioned by the Boys and Girls Club of Milwaukee) that won a national award

Some of Gist's work can also be seen at Coffee Makes U Black Cafe'.

Gist also taught at the Milwaukee Institute of Art and Design, where he also received an award for his work.

In addition to being a painter, Gist was also a silversmith, sculptor, a television news courtroom artist, and the cofounder/bassist for Jazz, Inc., which was the Crawford Grill House Band in Pittsburgh.

The artist once said individuals—looking at his murals—can receive subliminal messages from them. "Anytime we can understand where we came from, and what it takes to get us through, I believe this is a positive message."



Democratic National Convention Committee and Milwaukee 2020 Host Committee to Donate Laptops, Other Resources to Milwaukee Public Schools

Convention team to donate over 75 Macbook Air computers to help MPS bolster tech resources for the upcoming school year

The Democratic National Convention Committee and Milwaukee 2020 Host Committee, alongside Representative Gwen Moore of Milwaukee and Milwaukee Mayor Tom Barrett, today announced a donation of over 75 Macbook Air notebook computers to the Milwaukee Public Schools system.

The laptops, which were purchased in 2020 to be used by staff leading up to and during the convention, will help MPS

bolster the technology resources available to students, especially during the COVID-19 pandemic.

"As the local Host Committee, we've consistently stated that our greatest responsibility is to our neighbors—and that includes our neighbors of all ages and from all backgrounds," said Raquel Filmanowicz, CEO of the Milwaukee 2020 Host Committee.

"This donation allows us to give back to the future of Milwaukee, and we're excited to make an impact that lives on beyond the four days of the convention."

"When our convention planning first kicked off over a year ago, Milwaukee welcomed our team with open arms. "We knew this city was hardworking and resilient, and those attributes have become even more evident during the difficult times we find ourselves in today.

"Through this donation, it's our goal to share some of that sentiment back with this community, as well as share our appreciation for Milwaukee's incredible partnership over the last year," said Joe Solmonese, CEO of the 2020 Democratic National Convention.

In addition to the laptops, the convention team is donating dozens of computer monitors and accessories, as well as thousands of dollars worth of office supplies, to Milwaukee Public Schools to help enhance their operations and resource offer-

ings for the upcoming school year.

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"We are truly grateful for the support of our Milwaukee Public Schools students, staff, and families in this time of need," said Dr. Keith P. Posley, Superintendent for Milwaukee Public Schools.

"As we welcome our students and staff back to school, we're appreciative of the generosity of the Host Committee and Democratic National Convention Committee. We will use these resources to continue providing the best education for our young people."

The donations reflect an ongoing engagement between the convention and Milwaukee Public Schools.

In September 2019, the Host Committee forged a long-term service partnership with MPS, through which the organization visited seven different schools throughout the district over the past year, interacting with students of all ages and engaging them in discussions about how to make a difference in their communities.

"Our focus from the very beginning of this convention was ensuring we engage with and leave something behind for the future of Milwaukee. Working closely with the convention team, I'm proud to see that commitment was realized—both through visits to MPS classrooms and this important resource donation," said Representative Gwen Moore.

"With the reallocation of computers and donation of other necessary school supplies to Milwaukee Public Schools, it is my hope that we help make the virtual start to the year smoother for our students," added Mayor Tom Barrett.

BIDDING OPPORTUNITY

PRE-BID INFORMATION MEETING

JOURNAL SQUARE REDEVELOPMENT



CG Schmidt, Inc. will be holding a virtual informational meeting to provide information about upcoming bidding opportunities and prequalification steps for the Journal Square Building Redevelopment Project.

We encourage SBE, MBE, WBE and all other small business participation. CG Schmidt is an equal opportunity employer.

WHERE Online via Microsoft Teams

WHEN 8:30 AM - 9:30 AM // Tuesday, August 25

RSVP OR Niki Lucci, Operations Support at niki.lucci@cgschmidt.com or QUESTIONS (414) 758-9953 by Monday, August 24 for virtual log-in info or questions.



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Parents Using Every Opportunity During COVID-19 As A Teachable Moment

Guest Columnist, Pastor Archie L. Ivy, **Former MPS High** School Principal Pastor, New Hope Baptist Church, Milwaukee

School begins for some student in MPS next week, and the District's Phase 1 plan is virtual learning.

This brief article in not about MPS's plan to provide educational experiences at every level during this COVID-19 pandemic, but is a challenge to parents to use every opportunity as a teachable moment.

As parents you should take advantage of Principal before retiring. He is also the every opportunity offered to learn how to use the technology the child is using. This should be offered through the School District's Support staff. You can only assist your child in trouble shooting problems if you know how to use the technology.

As a parent you can make every opportunity a teachable moment by:

- Supporting and helping your child to stay focused on the importance of learning at every level.
- Stressing the importance of have a schedule or plan for each day. And time management.
- Stressing the importance of being responsible, dependable, staying on task, and meeting deadlines.
- Making family time, a time of fun, reviewing the learning experiences of the day; successes and failures.
- Having a before bedtime learning time



COUNSELING CORNER By Rev. Judith T.

Lester, B.Min., M.Th.

the institution of education at every level since March of 2020, causing many to fall behind and or fall through the cracks.

(pre-school and or lower

We all are aware of the im-

pact and disruption the

COVID-19 Virus has had on

grades).

Parents, I believe that by following the suggestion outlined above you can hopefully prevent your child from becoming a victim and become a victor.

Dr. Archie L. Ivy is a former MPS High School

Pastor of New Hope Missionary Baptist Church. Pastor Ivy has served in the ministry for 38 years and 32 in the pastoral role. He and his wife, Jeanette, have raised 3 children and are the proud grandparents to Taylor and Caleb. Pastor and Mrs. Ivy both have a heart bent towards teaching and mentoring children of all ages.

General Disclaimer: This column contains the opinions and views of a guest columnist. The writer has used her best efforts in preparation of this information. No representations or warranties for its contents, either expressed or implied, are offered. Neither the publisher nor the writer shall be liable in any way for readers' efforts to apply, rely or utilize the information or recommendations presented herein as they may not be suitable for you or necessarily appropriate for every situation to which they may refer. This information is for educational purposes only. If you would like to contact Rev. Lester, write to her c/o P.O.



For Intergenerational Care

St. Ann Center Gala **Goes Virtual** This Friday!

Free event features entertainment along with some chances to win

St. Ann Center for Intergenerational Care will host its 16th Annual Dream Together Gala at 7 p.m. this Friday, Aug. 21, online because of the ongoing pandemic. Participation in the 45minute virtual gala is free.

St. Ann Center's world-renowned day care program serves children, older adults and people with disabilities, all in the same home-like setting, in locations on Milwaukee's North and South sides.

Part of the proceeds from the gala will support the nonprofit center as it recovers from the financial toll of being closed for three months this spring as a precautionary measure prompted by COVID-19. Proceeds will also fund early childhood education and artificial grass playground surfaces, and support compassionate care for clients in the adult day care.

This year has been challenging for everyone-including St. Ann Center," said Casey Rozanski, Vice President of Marketing and Fund Development.

As we see more child and adult day care programs closing due to the pandemic, the need for St. Ann Center in the community is increasing.

That makes this year's gala, our biggest annual fundraiser, more important than ever."

The gala will be available to stream on St. Ann Center's website--stanncenter.org/galaand on its Facebook page. All who register at the center's website will be entered into a drawing to win a \$125 prize package that includes two passes for one Historic Milwaukee walking tour, a handy tote, two cozy blankets, and more

The evening's program will be filled with heartwarming stories told by the children and adult clients who depend on St. Ann Center for vital health and educational services.; the event offers an up-close look at a program widely regarded as a world pioneer in day programs Other highlights are a mask fashion show featuring local celebrities and a performance by the Milwaukee Ballet.

An online silent auction gives guests a chance to bid on exciting items, including an autographed canvas photo of Giannis Antetokounmpo, chef-prepared meals delivered to your doorstep, a golf outing and more. Designer jewelry, created especially for the gala by St. Ann Center President Sr. Edna Lonergan, can also be purchased online.

St. Ann Center would like to thank all the generous sponsors who support the gala and the continued care for all ages and abilities at both campuses: Catalyst Construction, BMO Harris Bank, the Peck Foundation, Roman Electric Zimmerman Architectural Studio, Lakeside Trucks, Primary Care of Milwaukee, the Lenahan Family, Scott and Lynn Molitor, Size 43 Films, Maggie Cary, MHS Health Wisconsin Lynn & Rick Jones, Friends of Florence Nevins and Jon and Penny Harper.

Questions about the gala and other ways to support St. Ann Center for Intergenerational Care can be directed to Casey Rozanski at (240) 755-1997 or crozanski@stanncenter.org.



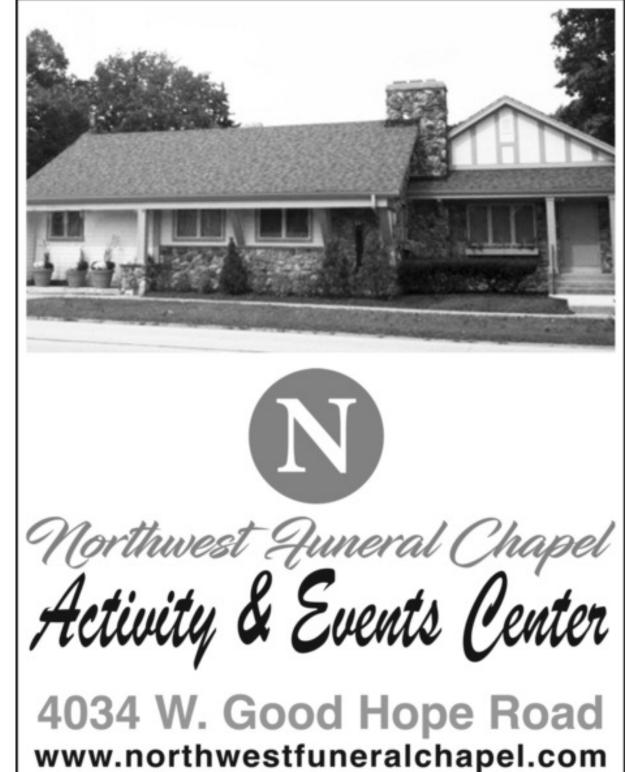
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on the cover of the WEEKEND EDITION! You will

then be able to read it online the same way you

can read the MCJ online!





WHAT A DIFFERENCE

Remember this time last year, when we were all planning for the National Democratic Convention coming to our city on the Lake? We were so excited about the potential of 40,00 plus people

Long before the convention announcement, we had

make the downtown area more friendly and tourist savvy had potential for expanding in the Old World Third Street, Bronzeville, Harambee, and Brewers Hill areas as well.

Within the community, many of us began projects to

QUOTE OF THE WEEK

produce millions of dollars, or so we thought.

newspaper.

meeters and greeters!

Meetings with Cong. Gwen Moore's office and per-

We had much to work upon to be ready as most of

During the presidential primary debates, a bit of the

Then the coronavirus (COVID -19), this unforeseen,

unknown illness, with devastating symptoms and un-

fathomable deaths, particularly within the Black community, entered our homes, nursing homes, our places

Our community flipped upside down, in days. So-

cial distancing, washing hands, wearing masks, shelter-

in-place. Places closed, nothing was open. Toilet paper

and sanitizers became premium commodities, followed

room mandates, memorial services with 10 family

members a maximum attendance requisite. PPE (Per-

sonal Protection Equipment), ventilators, first responders, doctors and nursing staff overload. Masks for

health professionals before anyone else. We were trau-

symptomatically, many punitive legal platforms began

to flood our television screens and our psyches. We've

not hugged our family for over six months though we

the information from the scientist will dictate our ac-

tions for ourselves, our families, our nation, not the cur-

rent presidential political campaign that has fostered

multi-layered messages that have been conflicting and

even assaultive to the professionals chosen to lead the

Yes masked, yes conscientious, and yes insistent that

finally decided we would venture to see one another.

Lockdown, penalties for being a spreader, non-

COVID-19 testing sites, food pantries, emergency

of worship, our favorite restaurants.

by food and cleaning products.

matized!

fervor began to wane, but we still projected a big con-

vention setting, as the Primary candidates began to reduce. As August 16 approached, we knew we would be

sons identified to work along with the Democratic Com-

mittee, in the early phases, were headlined in our

us welcomed the idea of changes in downtown travel. Milwaukee is a welcoming city. We were ready to be

"Donald Trump is the wrong president for our country. He has had more than enough time to prove that he can do the job, but he is clearly in over his head. He cannot meet this moment. He simply cannot be who we need him to be for us. It is what it is."—Former First Lady Michelle Obama

COVID-19 has become the dictator of our lives, our convention, and may affect our voting process, if the president continues to deny the mail-in/absentee ballot process that has been a perfectly effective method of voting for many, many decades, through the United Postal Service, our tried and true daily postal service that brings our mail, our medicine, our mail-in ballots and yes, our greetings, cards, magazines and bulk mail boxes. "Neither rain, sleet, now, or has ever halted the Post Services' beloved mail man or woman. That is until president number 45 decided to appoint a new postmaster who decries the financial losses of this independent service, and suddenly announces mail-in ballots cannot be handled any more

Wolf, wolf! Could this be a cry of 'wolf.' Who has created the problem and who stands to gain in this

We welcome the visitors for the Democratic Convention 2020. It is said about 500 people will be guests. Welcome them! Treat them as the guests they are.

While we won't have a projected multi-million dollar revenue stream, we do have an opportunity to show Milwaukee's hospitality. We hope the Democrats come up with an energetic platform that speaks to the pains and hopes of the central city community. Disparities long silenced or inadequately served, have been openly exhibited during COVID-19. They have to be a part of delegate talks.

That's not Socialism, which is being propagandized on social media, that is Democracy!

We are eager to hear from these Democratic giants...let's see what they have to say in 2020. Congratulations Presidential Candidate Joe Biden and Vice Presidential Candidate Kamala Harris! Welcome former First Lady Michelle Obama, Senator Bernie Sanders. Stacy Abrams and Atlanta Mayor Keisha Lance Bottoms and Presidents Bill Clinton, Barack Obama and others. We know Cong. Gwen Moore, Sen. Tammy Baldwin; Thelma Sias, Martha Love, Paula Penebaker among others will be hosting and representing us. Go ladies! We're counting on you!

A PANDEMIC MAKES!

coming to our city.

fought through the controversy of the streetcar, downtown. We wanted to ensure that the push to upgrade and

What if local students received currency

Based on that archetype, a suburban White middle-class kid would

get a 'Benjamin.' In contrast, the 'average' African American middle-

class student would probably get a couple of bills with the face of that

The 'Black Bottom 20%' (no insult intended) would get a handful of

Susan B. Anthony's. The exact number determined by a matrix that in-

cludes whether their teachers 'believe' they can learn, and how deeply

entrenched they are in the "Culture of Poverty' (COP)---a lifestyle that

rejects education as the passport along with other traditional socio-cul-

That financial disparity was set long before COVID-19 disrupted the

After COVID-19 interrupted our lives, that coinage was reduced to a

In fact, several educational experts believe by year's end, education

Before dismissing my theory, consider what happened when the pan-

The local government school system (Milwaukee Public Schools, aka

MPS) responded by sending everybody but the janitor's home. He was

No problem there, unless you were among those who depended on

the free breakfast and lunch the next day, and the benefit of in-person

demic first landed at Mitchell International and disembarked from the

for the 20% won't be worth a nickel. Instead, they will be propelled fur-

ther into the educational abyss from which they'll never emerge.

based on the value of their education at

government schools instead of a high

school diploma?

guy whose name is lighting up Broadway.

Milwaukee educational status quo.

handful of quarters for many COP students.

Bad-year' Blimp to pimp slap our state.

told to shut the doors behind them.

MILWAUKEE

COMMUNITY

JOURNAL

Wednesday & Friday

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Todd Thomas, Vice President

Teretha Martin, Terri's Innovative

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evaluation and intervention.

paint up and clean up with the hope of attracting some of the visitors to our area. Several new restaurants and bars opened; and homeowners were primed for AirB&B rentals, anticipating the overload of visitors compared to available housing units. Forty thousand people for a week appeared to be a nice revenue stream that would

MPS, COVID-19, and the 'Black Bottom 20"

Conversely, MPS' school closures no doubt saved lives.

In fact, one report suggests school closings around the country saved thousands of lives.

Thus, while some may have been angered by the abrupt closures, you can't fault MPS for doing the right thing. Nor can you criticize the district for introducing its on-line academic

paradigm---albeit one riddled with holes that ignored the unique circumstances of the 'Black Bottom 20.'

For most upper-grade students, the new paradigm was akin to holding a part-time job at a corner grocery and getting paid off in snacks. The provision of Chromebooks made the new on-line model even more acceptable.

So you must give MPS a 'B' for effort.

But, drop the overall grade to a 'C-plus' since testing to determine the students' competence was eliminated at the teachers union's urging.

In fact, put some blame for the loopholes in the on-line paradigm on the school board, which tap-danced to the teachers' union (MTEA) tune, which included pay guarantees even as many teachers were disengaged from teaching.

An MPS official told me that while there was no 'official' notice, there was a period between school closings and finalization of the on-line process that teachers were left to their own discretion.

Which is far less disruptive than what the union suggested in a memo I tripped over recently.

The memo included a recommendation that "No MPS employee will be required to work during the closure (statewide closure beginning on Wednesday, March 18)."

Obviously, the board and administration didn't go that far, but teachers were given 'leave' for a period as the district mapped out the on-line learning paradigm.

And students were impacted, particularly those in the 'Black Bottom

Equally disturbing was the union's 'suggestion' that competency tests be eliminated, as they will be this coming semester.

Some will assume that strategy expunges teachers of any accountability for student outcomes.

Of course, that can't be proved, and since 'most' of the teachers are highly motivated servants who are committed to their craft and dedicated to the children they serve, we must give them the benefit of the

Some teachers went so far as to seek out 'Black Bottom 20' parents who could not be contacted through 'normal' channels—telephone, letters, and smoke signals. Some lower grade teachers risked their lives (from the virus and stray

bullets, I was told by one teacher), knocking on doors to connect with families who didn't respond to letters or calls. Thus, teachers can't be held responsible for the failure of those who

lost a school semester and fell even deeper into the chasm of generational illiteracy. Right?

Conversely, some parents questioned the value of their child's diploma because they missed the benefits of a half-semester of in-person education and testing to ensure grade-level competency and preparation for

The real loss was incurred by the 'Black Bottom 20,' some of whom

received little or no education for a variety of reasons.

As I previously noted, the new paradigm is one in which thousands of Black families face an uncertain future, where education is a luxury According to an anonymous MPS insider, an untold number of poor

Black families were never connected to MPS, for reasons that can't be blamed on the district. Either they had not updated school records, did not have telephones

or were homeless. They were for all intents and purposes, ghosts, and I'm not talking about Casper. Some were the offspring of parents who simply didn't give a damn

about their children's education or general welfare. Be honest. I'm sure you know someone who fits that description, and

if you had the power, you would take the children and raise them yourself. Moreover, in case you didn't know, Milwaukee has the distinction of

being home to the nation's lowest Black fourth and eighth grade reading proficiency rates, a paradigm you can put partly on the district, but equally on the shoulders of COP parent(s).

I have a cousin who is an MPS social worker and bleeds tears for the large number of Black children who enter school unable to count to 20 don't know their colors, and can't recite the alphabet.

They can't sing the Black National Anthem (if they ever heard of it) but can twerk up a storm and sing the lyrics of the latest gangster rap song, including its profanity.

These children start school at a disadvantage and return home to educational apathy.

They are generally among that group who can't read by fourth grade And they never catch up, insuring run-ins with the 'Just-Us' system and poverty.

A well-known private school teacher said that the scenario is not unique to government schools. She attributes her high blood pressure to apathetic or abusive parents

who refuse to take responsibility for their children's education. She spoke of one parent who said she feeds and clothes the little 'b,

but it was the school's job to do the rest.

It may be hard to conceptualize, but an innocent child called a bitch (b-word) or nigger (n-word), will slowly but surely begin to visualize themselves as such.

They will have low self-esteem and are destined to become a product (a dangerous one at that) of their environment.

Black folks don't like to look at our publicly displayed dirty laundry which the best Dollar Store bleach won't clean.

Instead, we hope by ignoring it, it will go away.

The private school teacher said many of her colleagues visited the homes of COP students, hoping to catch them before they slipped further through the cracks and land on their heads.

Often, they leave those homes wishing they could beat a sense of responsibility into the parent. The MPS insider said the district learned a great deal from last semes-

ter's initial on-line learning experience.

There have been significant improvements in application and person-

Over 25,000 Chromebooks have been provided to students, and more will be issued, along with hotspots to ensure internet access.

Twenty-five meal sites will be opened from 11 a.m. to 1 p.m. to provide lunches for students, who can also receive pre-packaged breakfasts for the next day.

He hesitated when asked if testing would be offered during the new school year, while confirming that testing was curtailed last year, including SAT and final exams.

Nor could he explain how students were evaluated then and now. (continued on page 7)



The Milwaukee Community Journal·August 19, 2020·Page 6

LEGALS&CLASSIFIEDS LEGALS&CLASSIFIEDS change the name of the person

SUMMONS (PUBLICATION) STATE OF WISCONSIN CIRCUIT COURT MILWAUKEE COUNTY NOTICE AND ORDER FOR NAME CHANGE HEARING Case No. 2020CV004470

In the matter of the name change of: IVONTAE DUWAYNE SIMMONS By (Petitioner) RANDY DOMINIK By (Co-Petitioner) ALIZE MICHELLE COOK

NOTICE IS GIVEN: A petition was filed asking to change the name of the person listed above: From: IVONTAE DUWAYNE SIMMONS To: RANDY DO-

Birth Certificate: IVONTAE DUWAYNE SIMMONS

MINIK LOVE JR

TIME 2:00 P.M.

IT IS ORDERED This petition will be heard in the Circuit Court of Milwaukee County, State of Wisconsin. Judge's Name: HON. JEFFREY A CONEN Room 402 PLACE: 901 N. 9th Street, Milwaukee, Wisconsin, 53233 DATE: September 10, 2020

IT IS FURTHER ORDERED: Notice of this hearing shall be given by publication as a Class 3 notice for three (3) weeks in a row prior to the date of the hearing in the Milwaukee Community Journal, a newspaper published in Milwaukee County, State of Wisconsin. Dated: 8-3-2020 BY THE COURT: HON. JEFFREY A CONEN Circuit Court Judge

SUMMONS (PUBLICATION) STATE OF WISCONSIN **CIRCUIT COURT** MILWAUKEE COUNTY **NOTICE OF HEARING** Case No. 2020CV003481

177/8-5-12-19-2020

In Re: The name change of: LASHAWN MONIQUE BEAMON

LASHAWN MONIQUE BEAMON 6038 N. 62ND STREET MILWAUKEE WI 53218

This case is scheduled for: Name Change Hearing Date: 9/9/2020 Time: 10:30 A.M. Location: Milwaukee County Courthouse Room 403 PLACE: 901 N. 9th Street, Milwaukee, Wisconsin, 53233 Circuit Court Judge/Circuit Court Commissioner HON. TIMOTHY WITKOWIAK-22

This matter will not be adjourned by the court except upon formal motion for good cause or with the specific approval of the court upon stipulation by all parties.

Re: Name Change

This matter will not be adjourned by the Court except upon formal motion for good cause or with specific approval of the Court upon stipulation by all parties. **PLEASE DO NOT APPEAR IN COURT**

This hearing is being held via video conferencing. You may join this hearing by video or phone. By Video: https://zoom.us/join.com By Phone: 1-(312) 626-6799

Meeting ID: 968 9786 0169 Password: 134495 If you have questions or problems connecting to the Zoom hearing. Please contact the court directly at (414) 278-4506. Thanks

Milwaukee County Circuit Court Date: June 26, 2020 178/8-5-12-19-2020

SUMMONS (PUBLICATION) STATE OF WISCONSIN **CIRCUIT COURT** MILWAUKEE COUNTY NOTICE AND ORDER FOR NAME CHANGE HEARING Case No. 20CV3052

In the matter of the name change of: LAUREN ELIZABETH ANN By (Petitioner) LAUREN ELIZA-BETH ANN HARRISON

NOTICE IS GIVEN: A petition was filed asking to change the name of the person listed above: From: LAUREN ELIZABETH ANN HARRISON To: LAUREN LEE LINCOLN Birth Certificate: LAUREN ELIZA-

BETH ANN HARRISON

IT IS ORDERED This petition will be heard in the Circuit Court of Milwaukee County, State of Wisconsin. Judge's Name: HON. WILLIAM S POCAN PLACE: 901 N. 9th Street Room 401, Milwaukee, Wisconsin, 53233 DATE: September 11, 2020 TIME 9:30 A.M.

IT IS FURTHER ORDERED: Notice of this hearing shall be given by publication as a Class 3 notice for three (3) weeks in a row prior to the date of the hearing in the Milwaukee Community Journal, a newspaper published in Milwaukee County, State of Wisconsin. Dated: 7-24-2020 BY THE COURT: HON. WILLIAM S POCAN Circuit Court Judge 180/8-12-19-26-2020

SUMMONS (PUBLICATION) STATE OF WISCONSIN **CIRCUIT COURT** MILWAUKEE COUNTY NOTICE AND ORDER FOR NAME CHANGE HEARING Case No. 20CV3052

In the matter of the name change of: MARCO ANTONIO EL By (Petitioner) MARCO ANTO-NIO EL

NOTICE IS GIVEN: A petition was filed asking to change the name of the person listed above: From: MARCO ANTONIO EL To: Marco Antonio Lara Birth Certificate: MARCO ANTO-NIO EL

IT IS ORDERED This petition will be heard in the Circuit Court of Milwaukee County, State of Wisconsin. Judge's Name: HON. PEDRO COLON PLACE: 901 N. 9th Street, Milwaukee, Wisconsin, 53233 DATE: August 25, 2020 TIME 2:00

P.M.

IT IS FURTHER ORDERED: Notice of this hearing shall be given by publication as a Class 3 notice for three (3) weeks in a row prior to the date of the hearing in the Milwaukee Community Journal, a newspaper published in Milwaukee County, State of Wisconsin. Dated: 7-16-2020 BY THE COURT: HON. PEDRO COLON Circuit Court Judge 179/8-12-19-26-2020

SUMMONS (PUBLICATION) STATE OF WISCONSIN **CIRCUIT COURT** MILWAUKEE COUNTY NOTICE AND ORDER FOR NAME CHANGE HEARING Case No. 20CV4620

In the matter of the name change of: SOPHIA CHEVAKO MAHNKE By (Petitioner) SOPHIA CHEVAKO MAHNKE

NOTICE IS GIVEN: A petition was filed asking to change the name of the person listed above: From: SOPHIA CHEVAKO MAHNKE To: SOPHIA MAHNKE **CHEVAKO** Birth Certificate: SOPHIA CHEVAKO MAHNKE

IT IS ORDERED

This petition will be heard in the Circuit Court of Milwaukee County, State of Wisconsin. Judge's Name: HON. WILLIAM S POCAN Room 401 PLACE: 901 N. 9th Street, Milwaukee, Wisconsin, 53233 DATE: September 22, 2020 TIME 9:30 A.M.

IT IS FURTHER ORDERED: Notice of this hearing shall be given by publication as a Class 3 notice for three (3) weeks in a row prior to the date of the hearing in the Milwaukee Community Journal, a newspaper published in Milwaukee County, State of Wisconsin. Dated: 8-18-2020 BY THE COURT: HON. WILLIAM S POCAN Circuit Court Judge 181/8-19-26/9-2-2020

(PUBLICATION) STATE OF WISCONSIN **CIRCUIT COURT** MILWAUKEE COUNTY Case No. 20FA002275 Divorce-40101

SUMMONS

In Re: The marriage of: an AN-GELA PEARLE SHACKLEFORD and Respondent: BRYAN JUSTICE **DWIGHT SHACKLEFORD**

THE STATE OF WISCONSIN, TO THE PERSON NAMED ABOVE AS RESPONDENT: You are notified that the petitioner named above has filed a Petition for

divorce or legal separation against You must respond with a written de-

mand for a copy of the Petition within 40 days from the day after the first day of publication. The demand must be sent or deliv-

ered to the court at: Clerk of Court, Milwaukee County Courthouse 901 N 9th St Room 104 Milwaukee WI 53233 and to ANGELA PEARLE SHACKLEFORD 4520 N 27th Street Apt 3 Milwaukee WI 53209

It is recommended, but not required that you have an attorney help or represent you.

If you do not demand a copy of the Petition within 40 days, the court may grant judgment against you for the award of money or other legal action requested in the Petition, and you may lose your right to object to anything that is or may be incorrect in the Petition.

A judgment may be enforced as provided by law. A judgment awarding money may become a lien against any real estate you own now or in the future, and may also be enforced by garnishment or seizure of property.

You are further notified that if the parties to this action have minor children, violation of 948.31 Wis. Stats., (Interference with custody by parent or others) is punishable by fines and/or imprisonment:

If you and the petitioner have minor children, documents setting forth

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the percentage standard for child support established by the department under 49.22(9), Wis. Stats., and the factors that a court may consider for modification of that standard under 767.511 (1m). Wis Stats. are available upon your request from the Clerk of Court.

You are notified of the availability of information from the Circuit Court Commissioner as set forth in 767.105 WIs.Stats.

767.105 Information from Circuit Court Commissioner.

(2) Upon the request of a party to an action affecting the family, including a revision of judgment or order under sec. 767.59 or 767.451: (a) The Circuit Court Commissioner shall, with or without charge, provide the party with written information on the following, as appropriate to the action commenced: 1. The procedure for obtaining a

judgment or order in the action 2. The major issues usually addressed in such an action. 3. Community resources and family

court counseling services available to assist the parties. 4. The procedure for setting, modifying, and enforcing child support awards, or modifying and enforcing

legal custody or physical placement judgments or orders. (b) The Circuit Court Commissioner shall provide a party, for inspection or purchase, with a copy of the statutory provisions in this chapter

Date: 8-11-2020 BY: ANGELA PEARLE SHACK-**LEFORD** 184/8-19-26/9-2-2020

generally pertinent to the action.

SUMMONS (PUBLICATION) STATE OF WISCONSIN **CIRCUIT COURT** MILWAUKEE COUNTY NOTICE AND ORDER FOR NAME CHANGE HEARING Case No. 20CV001620

In the matter of the name change of: ANTONIO DERAINE GAYFIELD

NOTICE IS GIVEN: A petition was filed asking to

TEACH-

...THE LAST THING

Y NEEDS TIME) FROM THE PRESS IS

Despite the pandemic, YOUR Milwaukee Community Journal, is still getting ads from companies and businesses considered "essential" such as food stores. We've even highlighted Black businesses (especially restaurants) that are still "open for business." Like other businesses, the Milwaukee Community Journal is an "ESSENTIAL" business that is the Milwaukee Black community's main source of news, information, education and inspiration about and for us!

Dr. Benjamin Chavis,

president of the National Newspaper Publishers

Association-Black Press Usa

listed above: From: ANTONIO DERAINE GAY-FIELD To: ANTONIO DERAINE **GUZMAN** Birth Certificate: ANTONIO DE-**RAINE GAYFIELD**

IT IS ORDERED

This petition will be heard in the Circuit Court of Milwaukee County, State of Wisconsin. Judge's Name: HON. CARL ASH-LEY BR. 33 Room 500 PLACE: 901 N. 9th Street, Milwaukee, Wisconsin, 53233 DATE: April 15, 2020 TIME 9:30 A.M.

IT IS FURTHER ORDERED: Notice of this hearing shall be given by publication as a Class 3 notice for three (3) weeks in a row prior to the date of the hearing in the Milwaukee Community Journal, a newspaper published in Milwaukee County, State of Wisconsin. Dated: 2-28-2020 BY THE COURT: HON. CARL ASHLEY Circuit Court Judge 182/8-19-26/9-2-2020

SUMMONS (PUBLICATION) STATE OF WISCONSIN CIRCUIT COURT MILWAUKEE COUNTY NOTICE AND ORDER FOR NAME CHANGE HEARING Case No. 20CV004336

In the matter of the name change of: CAMILE LAUREN HAMPTON

NOTICE IS GIVEN: A petition was filed asking to change the name of the person listed above: From: CAMILE LAUREN HAMP-TON To: CAMIEL LAUREN **HAMPTON** Birth Certificate: CAMILE LAU-**REN HAMPTON**

IT IS ORDERED This petition will be heard in the Circuit Court of Milwaukee County,

State of Wisconsin. Judge's Name: HON. TIMOTHY WITKOWIAK BR 22 Room 415 PLACE: 901 N. 9th Street, Milwaukee, Wisconsin, 53233 DATE: September 15, 2020 TIME 11:00 A.M.

IT IS FURTHER ORDERED: Notice of this hearing shall be given by publication as a Class 3 notice for three (3) weeks in a row prior to the date of the hearing in the Milwaukee Community Journal, a newspaper published in Milwaukee County, State of Wisconsin. Dated: 8-4-2020 BY THE COURT:

Circuit Court Judge

185/8-19-26/9-2-2020

SUMMONS (PUBLICATION) STATE OF WISCONSIN **CIRCUIT COURT** MILWAUKEE COUNTY NOTICE AND ORDER FOR NAME CHANGE HEARING Case No. 20CV4573

HON. TIMOTHY WITKOWIAK

In the matter of the name change of: MALIK LAWRENCE CLARK By (Petitioner) MALIK LAWRENCE CLARK

NOTICE IS GIVEN: A petition was filed asking to change the name of the person listed above: From: MALIK LAWRENCE CLARK To: MALIYA ELIZA-BETH FRANCES ELLIOTT Birth Certificate: MALIK LAWRENCE CLARK

IT IS ORDERED This petition will be heard in the

Circuit Court of Milwaukee County, State of Wisconsin. Judge's Name: HON. JEFFREY A CONEN Room 402 PLACE: 901 N. 9th Street, Milwaukee, Wisconsin, 53233 DATE: September 18, 2020 TIME 10:30 A.M.

IT IS FURTHER ORDERED: Notice of this hearing shall be given by publication as a Class 3 notice for three (3) weeks in a row prior to the date of the hearing in the Milwaukee Community Journal, a newspaper published in Milwaukee County, State of Wisconsin. Dated: 8-7-2020 BY THE COURT: HON. JEFFREY A CONEN Circuit Court Judge 183/8-19-26/9-2-2020

The Milwaukee Community Journal August 19, 2020 Page 7 MPS, COVID-19, and the 'Black Botto

(continued from page 5)

Even the best on-line learning experience can't equal the benefits of in-person education. A teacher learns more about a child's needs---his or her strengths and weaknesses---by observing them up close and personal. Socialization skills are also a

That's why many engaged parents have attempted to enroll their children in private schools offering inperson or hybrid paradigms. Many parents with resources enrolled their children in summer programs

The loss of students to private and independent charters has sparked concern by the union, which fears parents' decisions will adversely impact MPS

order to ban all in-person schooling throughout the

But that's just another battle in an on-going war that will continue for the foreseeable future, or until the powers that be recognize the right of parents to determine where their children attend school.

Obviously, many private schools had considerably more latitude to develop hybrid educational paradigms and ensured their effectiveness with testing.

In fact, several charter schools provided exceptional programs that didn't go unnoticed by MPS par-

I know that to be true based on the outcomes of charters like Howard Fuller Academy and Milwaukee College Prep schools, and dozens of private schools participating in the school choice program like Hope Academy and Messmer Catholic Schools.

Those institutions were also able to provide a bridge for COP students.

And that's a lesson MPS should replicate, least they end up passing out counterfeit cash or rubber checks Hotep.

NAACP Calls Attacks on Postal Service "Unprecedented Threat to Democracy"

The NAACP strongly condemns the Trump administration's deliberate attempt to sabotage the U.S. Postal Service to obstruct voting by mail and to ensure a favorable outcome in the election. Disrupting the machinery of democracy constitutes a strike against the integrity and legitimacy of our elections. It must not stand.

Yesterday, Trump vowed to block emergency funding of \$25 billion for the U.S. Postal Service necessary to allow it to handle & process expected enormous increases in mailed ballots as a result of the coronavirus crisis.

Trump has blatantly attacked voting by mail generally, repeating false claims that mail-in ballots lead to fraud which have been widely disproven.

He has specifically stated that allowing voting by mail would harm his reelection chances.

Trump's most blatant attack yet on our democratic process comes on the heels of drastic changes to the delivery of U.S. mail that are certain to obstruct a free and fair

Trump's newly installed Postmaster General Louis DeJoy, who has contributed millions to Trump's campaign and the Republican Party, has purged top officials in the postal service and instituted sweeping operational changes to impair the delivery of mail and undermine the November elections.

These changes include cutbacks in the number and use of mail processing equipment, declassifying election mail as first class, altering mail sorting and delivery policies, restricting mail delivery, and reducing overtime for postal workers.

These unprecedented attacks on the Postal Service will disenfranchise voters of color, who are already more harshly impacted by coronavirus and require alternative methods to in-person voting in order to protect their health and

Many states rely on deadlines for requesting and returning absentee ballots within days of Election Day. It is imperative that we have a fully functioning postal service prepared to follow standard delivery times to ensure all votes by mail are

We are sounding the alarm bell: Our democracy is in crisis. We call on Members of Congress from both sides of the aisle to condemn the hijacking of one of our most revered institutions, the U.S. Postal

We call upon Congress to pass emergency funding for the U.S. Postal Service by a veto-proof ma-

We call upon Congress to immediately exercise desperately-needed oversight to ensure that delivery of mail in connection with the November election is unimpeded and untainted by partisanship and an overt attempt to steal this election.

We have fought too long and too hard to fully participate in our democracy to allow it to be subverted in this heinous and scandalous manner.

The American people need our leaders to keep our democratic institutions intact and fully operational at any time, and especially or secured tutors.

teachers' job security.

Toward that end, the MTEA is reportedly lobbying the governor—himself a former teacher---to issue an

And it's not the safety of students motivating that

AmeriHealth Caritas: Men Face Particular Risk for Depression **During COVID-19** Pandemic Men Experience Higher Levels of Stress as **Crisis Continues**

PHILADELPHIA, PA. —

Depression can be serious for anyone, but for men it manifests in ways that can be particularly dangerous.

The National Institute of Mental Health reports that men are less likely than women to talk about, recognize, or seek treatment. Further, when men do exhibit symptoms of depression, they often include anger, irritability, or aggressive behavior[i] – all of which can be harmful for themselves and their relationships. Social and economic dynamics resulting from the COVID-19 pandemic may exacerbate these condi-

Job loss, a key fallout of the COVID-19 pandemic, is a strong emotional trigger for men. According to the U.S. Department of Labor, nearly 43 million Americans have filed for unemployment benefits since the pandemic began, which may play out differently for women than men.

An April 2020 Harvard Business Review article found that women feel unemployment, at least in the short term, gives them more time to focus on parenting duties they may struggle to balance while working full time.

Fathers, on the other hand, can feel like they don't fit in anywhere other than a traditional workplace during daytime hours on weekdays.[ii] The effects of the pandemic can render a particular impact on the mental health of men, according to Dr. Yavar

"Men frequently have much of their self-worth tied up in their work. That makes times of high unemployment, when a new job is much harder to come by, particularly hard on their psychological well-being," said Yavar Moghimi, M.D., a behavioral health medical director for AmeriHealth Caritas. "Additionally, too often men consider talking about and seeking help for depression to be a sign of weakness. Combine these, and it is clear why depression in men should be taken

According to Moghimi, efforts to support men to

seek help should start by encouraging them to look at depression as a physical health problem, not just a mental health one.

Research confirms this concern: a 2014 American Heart Association statement listed depression as a risk factor for poor prognosis after a heart attack.[iii]

"Men frequently have much of their selfworth tied up in their work. That makes times of high unemployment, when a new job is much harder to come by, particularly hard on their psychological well-being, Additionally, too often men consider talking about and seeking help for depression to be a sign of weakness. Combine these, and it is clear why depression in men should be taken seriously."

—Yavar Moghimi, M.D., a behavioral health medical director for AmeriHealth Caritas.

And Moghimi explained that other physical health problems, especially those that cause inflammation within the body, can both worsen and be worsened by

Further, the link between COVID-19, chronic disease, and depression is amplified in communities of color, noted Moghimi. The pandemic has compounded long-existing social and health disparities that affect Black men, which could be exacerbated by depression. Recent statistics from the U.S Department of Labor indicate the rate of unemployment for Black workers continues to increase, while the jobless rate for white workers declines.

And people of color face higher rates of heart disease, type 2 diabetes, and obesity, which, according to the Centers for Disease Control and Prevention, makes them 12 times more likely to die from COVID-19 than those without those conditions.

"This is further evidence that behavioral health is a critical component of physical health," said Dr.

Moghimi. "Depression can impede one's ability to manage physical health problems, and should not be ignored."

With that in mind, Dr. Moghimi recommends men feeling depressed do the following:

- Visit a primary care provider (PCP) at least once per year: An annual wellness visit is an opportunity to be screened for risk factors of depression, as most people get behavioral health treatment in a primary care setting.
- Avoid social isolation: Social distancing guidelines enacted by many jurisdictions during the pandemic actually refer to being physically distant from others. People can and should still remain socially connected on a regular basis.
- Exercise regularly: In addition to the physical health benefits, vigorous exercise can help your mental state of mind.
- Participate in support groups: Check out organizations in your community and social media platforms that can provide you support and ideas for dealing with depression. The federal Substance Abuse and Mental Health Services Administration also has a Disaster Distress Helpline: call 1-800-985-5990 (TTY 1-800-846-8517) or text TalkWithUs to 66746.
- Look at therapy as a conversation: When depression requires treatment by a behavioral health clinician, view therapy as a conversation with a neutral perspective. In the hopes of breaking the stigma many men associate with behavioral health care, PCPs and

others should frame this treatment in the same way. **About AmeriHealth Caritas**

AmeriHealth Caritas is one of the nation's leaders in health care solutions for those most in need. Operating in 13 states and the District of Columbia, AmeriHealth Caritas serves approximately 5 million Medicaid, Medicare, and Children's Health Insurance Program (CHIP) members through its integrated managed care products, pharmaceutical benefit management and specialty pharmacy services, and behavioral health services. Headquartered in Philadelphia AmeriHealth Caritas is a mission-driven organization with more than 37 years of experience serving lowincome and chronically ill populations. For more information, visit www.amerihealthcaritas.com.

Diversity And Inclusion In The Workplace Starts With The Job Ad

The worldwide protests against racism and police brutality have forced many people to think about sweeping, positive changes in society that will result in racial equality.

In the workplace, it's well-documented that diversity and inclusion benefit both individuals and businesses, and that these factors are also important to job seekers.

As businesses reopen during the pandemic and millions of unemployed hit the job market, how companies attract the best candidates will be determined in part by how inclusion and diversity are emphasized during the recruiting process, says Jack Whatley (www.humancodeofhiring.com), a recruiting strategist who specialzes in creating employer branding campaigns.

"Many job seekers today expect an inclusive, diverse workplace," Whatley says. "The main idea of recruiting should be that it's color-blind and gender-blind. A company with that core principle strengthens a worker's sense of belonging, actively demon-

strates great opportunity for all, and signals a strong company that sincerely desires to hire the best people, regardless of race or gen-

"It needs to be a message companies share with job candidates – specifically how they are inclusive in their culture, the ways they value diversity, and how they operate their company through these and all of their values on a daily basis."

Whatley offers these suggestions for businesses that want to bring

- more diversity and inclusion into the recruiting process: • Choose words carefully, precisely in job descriptions. Unconsciously, some companies may indicate gender bias in the way they describe posted jobs. One study shows that men will apply for a job if they meet only 60% of the listed criteria, but women will apply only if they meet 100%. "Review your job advertisements and scrutinize how they are worded," Whatley says. "Strong or aggressive words such as 'enforcement' or 'exhaustive,' for example, might draw a higher proportion of men applying for roles when many
- women are just as qualified, or better qualified, for the position." • Widen the net with a diverse outbound strategy. Identify communities to reach for job opportunities and expand the geography of the talent search to find underrepresented communities. "Companies have to go the extra mile and cast a wide net," Whatley says. "Posting on community boards, reaching out to meetup groups and

industry-specific job networks are ways to reach people who oth-

erwise may not have known about it.' • Screen in, don't screen out. Many companies, in the interest of efficiency, may overlook highly qualified candidates by using a quick screen-out formula, which Whatley notes often entails a brisk biased sifting through of resumes. "A candidate doesn't need to check all the boxes at the first glance of their resume," Whatley says. "In fact, companies sometimes make those boxes too specific and don't see how a candidate's other strengths and overall experience more than compensate. You might find that leaving out some of the check-box requirements opens doors for different and highly

qualified applicants." • Involve the team. Whatley says interviewers should focus on skills rather than commonalities that could cause bias. "Hiring managers are more likely to view candidates who are culturally similar to them as a better fit for the job they're trying to fill," Whatley says. "But that limits your recruitment process, so include a team of people at each stage of the process. You'll get more opinions on each candidate and thus be sure you're hiring the right person."

"The recruiting process can set the right tone for a company to maintain standards of diversity and inclusion," Whatley says. "They are better able to win top talent and improve overall customer satisfaction and employee satisfaction."











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With Card

Heinz Ketchup 20 oz or Vlasic Pickles, 16-24 fl oz or Ball Park Buns, 8 ct; Select Varieties BUY 1, GET 1 FREE



Roundy's Cheese

16 oz or Frigo Meat & Cheese Kit, 8 ct; Select Varieties With Card



mix & match

Potato Chips

5-8 oz or Lay's

Kettle Cooked

Select Varieties

Potato Chips, 8 oz;

When you buy in multiples of 3 in the same transaction with Card. Quantities not purchased in multiples of 3 will be \$2.99 each with (oles of 3 will be \$2.99 each with Card

Mix and match 5 or more participating items with Card.

Look for these tags. SALE





2.49 With Card -1.00 Ore-Ida **Frozen Potatoes** Select Varieties, 14-32 oz



2.49 With Card -1.00 /EA* Kellogg's Cereal 8.8-18 oz or Keebler Cookies, 6.5-15 oz; Select Varieties





-1.00 /EA* **Kroger Deluxe** Ice Cream 48 fl oz or Kroger Fruit Bars, 5 ct; Select Varieties

2.79 With Card



1.99 With Card -1.00 Pringles Mega Stack

6.8-7.1 oz or Sweet Baby Ray's Barbecue Sauce, 18 oz or Tree Top Juice, 64 fl oz or Gerber Melts, 1 oz; Select Varieties

DELIVERY OR FREE PICKUP!

SNAP EBT CARDS NOW ACCEPTED AT PICKUP!

SAVE UP TO OFF

DEALS IN THE DELI & BAKERY





Roundy's Turkey Breast or Muenster Cheese



Potato Salad, Macaroni Salad or Coleslaw

/LB With Card



Panera Bread at Home Soup Select Varieties, 16 oz BUY 1, GET 1 of Equal or Lesser Value



Taco Layer Dip



Sabra Hummus or Stacy's Pita Chips Select Varieties, 7.33-10 oz

King's Hawaiian Rolls



Two-Bite Cupcakes Select Varieties, 10 oz



Fresh Baked La Brea **Bakery Artisan Bread** Select Varieties, 14.5-22 oz

Thursday, August 20 through Tuesday, August 25, 2020

Selection may vary by store, limited to stock on hand.

We reserve the right to limit quantities and correct all printed errors. Not all items and prices available at all locations unless otherwise noted. Prices subject to state and local taxes, if applicable. No sales to dealers. Purchase requirements exclude discounts, coupons, gift cards, lottery tickets, bus passes, alcohol, tobacco and use of Fresh Perks Card®. All prices "with card" are discounted by using your Fresh Perks Card® *Free promotion will be applied to item of least value.

per gallon of BP or Amoco fuel!*